



Breakfast Menu

Prospect Park School September 2018

All meals are served with Fruit of the Day and Low Fat Milk Choice

Student Breakfast- No Charge

Adult Breakfast\$2.05

Maschio's Swap Outs Available Daily

Available Daily:
Assorted Cereal Bowls with Graham Crackers, Cereal Bars with Graham Crackers, and Bagels.

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Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
10 Apple Frudel Assorted Fruit 100% Fruit Juice	11 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice	12 Waffles Assorted Fruit 100% Fruit Juice	13 Bacon, Egg and Cheese on Croissant Assorted Fruit 100% Fruit Juice	14 Assorted Cereal Graham Crackers Assorted Fruit 100% Fruit Juice
17 Assorted Muffin Graham Crackers Assorted Fruit 100% Fruit Juice	18 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice	19 Egg & Cheese on Bun Assorted Fruit 100% Fruit Juice	20 Bacon, Egg and Cheese on Croissant Assorted Fruit 100% Fruit Juice	21 Assorted Cereal Graham Crackers Assorted Fruit 100% Fruit Juice
24 Assorted Muffin Graham Crackers Assorted Fruit 100% Fruit Juice	25 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice	26 Egg & Cheese on Bun Assorted Fruit 100% Fruit Juice	27 Bacon, Egg and Cheese on Croissant Assorted Fruit 100% Fruit Juice	28 Assorted Cereal Graham Crackers Assorted Fruit 100% Fruit Juice

Our well-balanced lunches available for the week, average between **600-650 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

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Questions or Concerns?
Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: 973-790-7909

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"