



Prospect Park School

October 2018 Breakfast Menu

Student Breakfast - No Charge
Adult Breakfast - \$2.05

Monday Tuesday Wednesday Thursday Friday

- 1 Apple Frudel with Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit
- 2 Assorted Muffin with Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit
- 3 Bacon, Egg & Cheese on Croissant 100% Fruit Juice Fresh or Chilled Fruit
- 4 Assorted Muffin with Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit
- 5 Assorted Cereal with Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit
- 8 Columbus Day
School Closed
- 9 Mini Cinni's with Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit
- 10 Breakfast Burrito 100% Fruit Juice Fresh or Chilled Fruit
- 11 Assorted Muffin with Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit
- 12 Assorted Cereal with Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit

Maschio's Swap Outs Available Daily

Assorted Cereal
or
Cereal Bar with Graham Crackers

Maschio's Swap Outs Available Daily

- 15 Assorted Muffin with Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit
- 16 Apple Frudel with Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit
- 17 Bacon, Egg & Cheese on Croissant 100% Fruit Juice Fresh or Chilled Fruit
- 18 Assorted Muffin with Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit
- 19 Assorted Cereal with Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit
- 22 Assorted Muffin with Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit
- 23 Mini Cinni's with Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit
- 24 Egg & Cheese on English Muffin 100% Fruit Juice Fresh or Chilled Fruit
- 25 Assorted Muffin with Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit
- 26 Assorted Cereal with Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit
- 29 Assorted Muffin with Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit
- 30 Mini Cinni's with Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit
- 31 Bacon, Egg & Cheese on Croissant 100% Fruit Juice Fresh or Chilled Fruit

Connect with us!



Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily

Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Questions or Concerns?
Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: 973-790-7909



MENU SUBJECT TO CHANGE

"This institution is an equal opportunity provider"