



Prospect Park School

November 2018 Breakfast Menu

Student Breakfast- No Charge

Adult Lunch- \$2.05

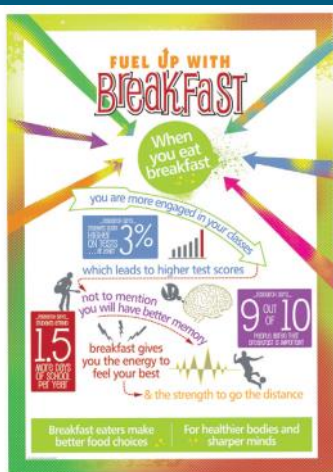
Maschio's Swap Outs

Monday through Thursday:

Assorted Cereal or Cereal Bar with Graham Crackers

Friday:




Assorted Cereal Bar with Graham Crackers



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Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily with Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Bacon, Egg and Cheese Croissant 100% Fruit Juice Fresh or Chilled Fruit	2 Assorted Cereal w/Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit
5 Assorted Muffin w/Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit	6 ELECTION DAY School Closed 	7 Sausage, Egg and Cheese Bagel 100% Fruit Juice Fresh or Chilled Fruit	8 TEACHERS School Closed	9 CONVENTION School Closed
12 Assorted Muffin w/Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit	13 Mini Cinni's w/Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit	14 Egg & Cheese English Muffin 100% Fruit Juice Fresh or Chilled Fruit	15 Assorted Muffin w/Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit	16 Assorted Cereal w/Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit
19 Assorted Muffin w/Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit	20 Bacon, Egg and Cheese Croissant 100% Fruit Juice Fresh or Chilled Fruit	21 Mini Cinni's w/Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit	22 THANKSGIVING  School Closed	23 BREAK  School Closed
26 Assorted Muffin w/Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit	27 Apple Frudel w/Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit	28 Sausage, Egg and Cheese Bagel 100% Fruit Juice Fresh or Chilled Fruit	29 Assorted Muffin w/Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit	30 Assorted Cereal w/Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit

All menu items served with a choice of low fat or no fat milk

The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

Questions or Concerns?

Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: 973-790-7909



MENU SUBJECT TO CHANGE

"This institution is an equal opportunity provider"